# 3.4.3 NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH ORGANIZED FORUMS INCLUDING NSS/NCC WITH INVOLVEMENT OF COMMUNITY 2019-20

Rajyani mos

## An Outreach activity to help the children of slum by a Cloth Distribution Programme

Cloth Distribution Programme: Cloth Distribution Programme (Bostro Dan) was organised by

NSS unit of Vijaygarh Jyotish Ray College in collaboration with Garia Sahomormi Society, Kolkata among needy poor people on 28.09.19, just before Durga Puja at Slum area near Dhalai Bridge near Garia. 50 students of NSS helped in this programme.







Rajyani mos

## An Outreach activity for neighbouring community by organizing a Eye Screening Camp

**EYE SCREENING CAMP:** A Eye Screening Camp was organised by NSS unit of Vijaygarh Jyotish Ray College, Kolkata on 15.12.2019, at Slum area near Dhalai Bridge near Garia. 30 students of Vijaygarh Jyotish Ray College has participated in this programme.







#### An Outreach activity through a Value Education Course for the students of different institutes

**Value Education Course:** "Value Education" course organised by NSS UNIT of Vijaygarh Jyotish Ray College in Collaboration with Ramkrishna Mission (Gadadhar Ashram Belur Math) on 4 th December 2019. In this course our Resource Person was Swami Amalatmananda Maharaj. 50 students of Vijaygarh Jyotish Ray College have participated in this programme.

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https://twitter.com/vjrcsmc/status/1471158916218187780

Rajyani press

## An Outreach activity to give mental and physical support to the aged persons of neighbouring community

**Apanjan:** NSS unit of Vijaygarh Jyotish Ray college organized a programme for aged people of our town under the supervision of Kolkata Police, Jadavpur Thana on 26.9.2019. 18 volunteers of NSS, Vijaygarh Jyotish Ray College have participated in this programme.





Rajyaen mossy

## Outreach activity to spread awareness among students of NCC unit from different institutes through NCC camps

## Report of activities and achievements of VJRC NCC unit during period June 2019-May 2020

Every year, the unit takes part in various activities such as social work, training activities, conferences, annual training camps, national camps etc. During the period June 2019-May 2020 also, the unit proudly conducted its activities in close coordination with the affiliating battalion, 39 Bengal Bn NCC, Jadavpur, Kolkata. This report is not only a reflection of such activities and initiatives undertaken by the cadets but also reflects the hard work and dedication displayed by the cadets while performing duties regardless of difficult or challenging situations faced by them. Such experience leads to simultaneous holistic development in the cadets. Since 2004, NCC unit of VJRC has been a pivotal organization bringing glory to the college and the unit in various ways. VJRC NCC has had a legacy of producing responsible, well-disciplined and successful citizens which proves the hard work that the unit puts as an organization for the betterment of its cadets to be successful in all walks of life. It is our continuous effort to build the overall personality of each cadet which will help them stand against all challenges in life and be a productive member of the society.

**Extension Activities:** 

**IGC Camp:** 2 NCC cadets of this NCC unit participated in inter group competition organized by Kalyani Group

Sample copy of Participation certificates:



NCC Combined Annual Training Camp Camp X : In this camp, NCC cadets are trained in basic skills of survival and emergencies. They are also taught certain skills pertaining specifically to their Wing for e.g., a Naval cadet is trained in boat-rowing, oaring, Semaphore, etc. Another activity in the camp is the "dogwatch" wherein two cadets are to stay on sentry duty for two hours at any time given time of the day. Those caught sleeping, especially during la

night or early morning shifts, or otherwise missing from duty are severely reprimanded or penalized. Cadets are also introduced to weapons such as a .22 caliber rifle. During the period June 2019-May 2020, 43 cadets of this NCC unit and one ANO participated in this camp. This camp was organized by 39 Bengal Bn NCC and was scheduled between 17.10.2019-26.10.2019 at Krishnachandrapur High School.



Sample copy of Participation certificates:

Rajyaeni press



NCC: IGC for RDC: The Republic Day Camp is a prestigious camp held every year in January at New Delhi. Before RDC all group headquarters have to face the IGC (Inter-Group Competition) NCC Republic Day Camp is the culmination of all NCC Training activities. 8 cadets of the college NCC unit participated in the inter group competition for Republic day camp to be held at Delhi in January 2020. This competition was organized by Kalyani Group.

Sample Picture of Participation certificates:

BATTALION NCC ABRING BATTALION NCC CATC -XV - PRE RDC I WB & SIKKIM DTE Certificate
This is to Certify that Regimental No. DB 18 SBA /28249   Rank C D T   Name Tarum   Kunnak Replan   of (Unit)   39 Bengal   BN NCC   attended CATC -XV - PRE RDC I   WB & SIKKIM DTE held at NCC Trg Academy, Kalyani from 17 Nov 2019 to 26 Nov 2019.
Place : Anadi Sirothia Date : 14 Nov 2019 Camp Commandant

Rajyani musy

Namchi Trek Camp: Trekking camp in NCC is organized to inculcate a spirit of adventure, exploration, inquisitiveness and practical investigation, Develop stamina, endurance, self-confidence, team spirit and esprit-de-corps, Develop love for nature and concern for environmental cleanliness, promote National Integration. In the period June 2019-May 2020, 3 cadets of VJRC NCC Unit participated in the Namchi trek camp.

#### **Sample Picture of Participation certificates**

राष्टीय कैडेट कोर NATIONAL CADET CORPS ऑल ईन्डिया कांचनजंघा सिक्रिम ट्रैक (गर्ल्स) २०१९ All India Kanchanjunga Sikkim Trek (Girls) 2019 Ťah प्रमाणित किया जाता है कि सं0 This is to certify that No. WB/17/SWA/ 128350 Rank CPL यूनिट Unit 39 BENGAL BN NCC नाम SABINA KHATUN Name निर्देशालय विद्यालय / महाविद्यालय निर्देशालय Directorate WEST BENGAL AND SIICKIM School/College. VJR COLLEGE राष्ट्रीय कैडेट कोर दार्जिलिं ग्रुप द्वारा आयोजित ऑल ईन्डिया कांचनजंघा सिक्रिम ट्रैक (गर्ल्स) २०१९ की सफल सदस्य थी। has successfully completed All India Kanchanjunga Sikkim Trek (Girls) 2019 conducted by the National Cadet Corps Darjeeling & Sikkim Group, Headquarter स्थान 🔊 🗛 दिनांक से Place NAMCHE From 13 Nov 2019 to 19 Nov 2019 Col Brig NAMCHI Trek Leader **Trek Manager** Nov 19

NCC: Combined Annual Training Camp XVI: This CATC was organized by 1 Bengal Comp (T) Regt NCC at Shibkalinagar from 8<sup>th</sup> December 2019-17<sup>th</sup> December 2019and 19 cadets participated in various activities in the camp.

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## An Outreach activity to spread awareness among students and neighbouring community through Youth Day Rally

**Youth Day Rally:** National Youth Day is celebrated on 12<sup>th</sup> of January every year to mark the teachings and philosophy of Swami Vivekananda, a towering spiritual philosopher, to marks his ideas on how the young should participate in the modern world while upholding their values. The NCC unit of Vijaygarh Jyotish Ray College became a part of this celebration as 31 cadets and one ANO participated in Youth Day Rally organized by Vishwa Vivek Tirtha, Kolkata on

12<sup>th</sup> January 2020.

Sample Picture of Rally:



Rajyaen moss



## An Outreach activity to encourage students of NCC unit through Kolkata Marathon

**Kolkata Marathon:** The Kolkata Marathon (organized by High life management, a Sports management, marketing and consultancy company)s a marathon held annually in Kolkata, West Bengal, India. It was launched in 2008. The marathon is the largest in Eastern India and the only full marathon held in Kolkata. The NCC unit of Vijaygarh Jyotish Ray College became a part of this event as 6 cadets participated in this marathon.



Rajyaeni mossy

Army Attachment Camp: Army attachment camps (AAC) are conducted by the NCC in collaboration with the Indian Army. In this camp, the cadets are trained the military tactics including day and night warfare and also get

familiar with the weaponry. Cadets who are willing to experience the life of the army officials attends this camp. The Army Officials share their experience and hardships in work. And how to tackle the situation in life, it motivates the cadets to choose their career in the Armed forces and the serve the country. 10 Cadets of Vijaygarh Jyotish Ray College participated in Army attachment camp help on 20.01.2020 to 03.02.2020 and had experience of a lifetime.



Sample Picture of Participation certificates: An Outreach activity for neighbouring community through organizing a blood donation camp with the help VJRC-NCC team

**Blood Donation Camp:** Voluntary blood donors are the cornerstone of a safe and adequate supply of blood and blood products. The safest blood donors are voluntary, non-remunerated blood donors from low-risk populations. Beside obtaining army training and inculcating army like discipline in themselves, NCC as an institution fulfills their social responsibilities by organizing and



participating in several social outreach programmes. During the period June 2019-May 2020, 9 cadets and 1 ANO of Vijaygarh Jyotish Ray College participated in a Blood Donation Camp jointly organized by Govt. ITI College Gariahat, NCC Directorate and Peerless Hospital on 7<sup>th</sup> June 2019.

## An Outreach activity

## to maintain cleanliness in neibouring area through Cleanliness Drive

**Cleanliness Drive:** Swachh Bharat Mission or Clean India Mission is a country –wide campaign initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management. NCC, through its mass base in rural and urban areas, took up the task of Swachata during the Swachata Pakhwada from August 01-15,2016 on a war footing with a total of over five lakh eighty thousand cadets participating throughout the country. During the period June 2019-May 2020, 28 NCC cadets and 1 ANO of Vijaygarh Jyotish Ray College participated in several cleanliness drives like cleaning of Street , drains and Back Alleys of College

Premises, Cleaning of Statues of public figures, Bus stand, public parks, Local hospital premises, Local Monuments.

Sample Picture of Activities:









Kolkata, West Bengal, India H87Q+WCF Babughat Immersion Ghat, Kolkata, West Bengal 700021, India Lat 22.564573° Long 88.338497° 26/09/19 08:35 AM GMT +05:30



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An outreach activity to spread awareness on stress and anxiety management among students of different institutes

**International Day for Yoga:** The 5th annual International Day of Yoga (IDY) was observed on June 21, 2019. There are two themes for World Yoga Day 2019, United Nation has declared theme as "Yoga for Climate Action" and Ministry of Ayush, India has declared theme for Yoga

Day is "Yoga for Heart". On 21<sup>st</sup> June 2019, Vijaygarh Jyotish Ray College NCC unit organized a yoga shivir at college campus wherein 39 cadets and 1 ANO and one teacher participated in the Shivir and performed yoga practice

#### Sample Picture of Yoga Shivir



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#### An Outreach activity

#### to spread awareness on HIV-AIDS among students of different institutes

**AIDS Awareness Programme:** NCC cadets are required to be sensitized about HIV-AIDS and how affected civilians can be socially uplifted Integrated counselling and testing mobile unit would demonstrate how HIV testing is conducted. It is the need of the hour that the cadets have understood their responsibility and resolved to make their surrounding aware of the disease and also spread the message wherever they are placed. In collaboration with WB State AIDS prevention and Control Society, an HIV-AIDS awareness camp was organized on 13.08.2019 wherein 101 cadets participated.

Picture of the event



#### An Outreach activity

## through rallies and awareness programmes regarding sensitizing the society about the rights and necessities of Senior Citizens

Senior Citizen Walk: NCC as a part of social awareness programmes organizes and participates in rallies and awareness programmes regarding sensitizing the society about the rights and necessities of Senior Citizens. On 03.02.2019 the NCC, Kolkata organized a senior citizen walk rally and 24 cadets of VJRC NCC unit participated in the rally.

Sample Copy of Certificate of Appreciation

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Principal Vijaygarh Jyolish Ray College Kolkata-700 032



#### An Outreach activity to spread awareness on Dengue among neighbouring communitythrough an awareness rally

**Dengue Awareness Rally:** As a part of social awareness campaign, Kolkata Municipal Corporation and Tollygunge Sporting Club, Kolkata oraganized a Dengue awareness Rally wherein citizens were sensitized regarding prevention of Dengue and other mosquito bourn deadly diseases. 12 Cadets of VJRC-NCC unit actively participated in the rally.

Sample Picture of Rally

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#### Awards

Name of the Activity	Award/recognition	Awardees
NCC Combined Annual Training	1st position in Solo Dance	Cdt Iti Sardar
Camp	1st position in Group Dance	Team VJRC (Name to be Included)
	Best Ceremonial Salute 4SD	Name to be Included
NCC Combined Annual Training	2nd position in drawing completion	Cdt Iti Sardar
Camp	2nd Position in Drill	LCPL Rina Saha

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Principal Vijaygarh Jyolish Ray College Kolkata-700 032

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